

2026 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus Generics Only

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; but many examples of medications in each category are listed.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

ASTHMA/COPD

arformoterol
albuterol HFA
albuterol nebulizer solution
albuterol oral
breyna
budesonide oral inhalation
budesonide/formoterol
cromolyn nebulizer solution
fluticasone/salmeterol
inhalation powder
formoterol
ipratropium/albuterol
nebulizer solution
ipratropium nebulizer solution
levabuterol nebulizer solution
and concentrate
montelukast
roflumilast
terbutaline oral
theophylline
theophylline er
tiotropium cap-inhaler
wixela inhub
zafirlukast

BONE DISEASE AND FRACTURES

alendronate
ibandronate oral
raloxifene
risedronate
risedronate dr
zoledronic acid 5mg

CAVITIES

periomed
sodium fluoride rinse, gel, cream,
paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
gavilyte-g
gavilyte-n
PEG-3350/electrolytes
sodium, potassium and
magnesium sulfates

DEPRESSION

citalopram
escitalopram
fluoxetine
fluoxetine dr
fluvoxamine
fluvoxamine er
paroxetine
paroxetine er
sertraline

DIABETES

acarbose
exenatide
generic syringes, lancets and
needles
glimepiride
glipizide
glipizide er and xl
glipizide/metformin
glyburide
glyburide/metformin
glyburide micronized
liraglutide
metformin
metformin er
metformin solution
miglitol
nateglinide
pioglitazone
pioglitazone/glimepiride
pioglitazone/metformin
repaglinide
saxagliptin
saxagliptin/metformin er

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HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg* & 325 mg
 aspirin-dipyridamole er
 clopidogrel
 dabigatran
 dipyridamole
 jantoven
 prasugrel
 rivaroxaban
 ticagrelor
 warfarin

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
 fluvastatin
 fluvastatin er
 lovastatin
 pitavastatin
 pravastatin
 rosuvastatin
 simvastatin

OTHER CHOLESTEROL LOWERING AGENTS

amlodipine/atorvastatin
 cholestyramine
 cholestyramine light
 colestevlam
 colestipol
 ezetimibe
 ezetimibe/simvastatin
 fenofibrate
 fenofibric acid
 fenofibric acid dr
 gemfibrozil
 icosapent ethyl
 niacin
 niacin er
 prevalite

HIGH BLOOD PRESSURE (HBP)

ACE INHIBITORS

benazepril
 captopril
 enalapril
 fosinopril
 lisinopril
 moexipril
 perindopril
 quinapril
 ramipril
 trandolapril

ACE INHIBITORS/DIURETIC COMBINATIONS

benazepril/hctz
 captopril/hctz
 enalapril/hctz
 fosinopril/hctz
 lisinopril/hctz
 quinapril/hctz

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
 eprosartan
 irbesartan
 losartan
 olmesartan
 telmisartan
 valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/hctz
 irbesartan/hctz
 losartan/hctz
 olmesartan/hctz
 telmisartan/hctz
 valsartan/hctz

BETA BLOCKERS

acebutolol
 atenolol
 betaxolol
 bisoprolol
 metoprolol succinate er
 metoprolol tartrate
 nadolol
 nebivolol
 pindolol
 propranolol
 propranolol er
 timolol

BETA BLOCKER/ DIURETIC COMBINATIONS

atenolol/chlorthalidone
 bisoprolol/hctz
 metoprolol/hctz
 propranolol/hctz

CALCIUM CHANNEL BLOCKERS

amlodipine
 cartia xt
 diltiazem
 diltiazem cd
 diltiazem er
 felodipine er
 isradipine
 matzim la
 nicardipine
 nifedipine
 nifedipine er
 nisoldipine er
 tiadylt er
 verapamil
 verapamil er
 verapamil er pm
 verapamil sr

DIURETICS

chlorthalidone
 hydrochlorothiazide
 indapamide
 metolazone

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OTHER HBP & COMBINATIONS

amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/hctz
amlodipine/valsartan
amlodipine/valsartan/hctz
trandolapril/verapamil er

MALARIA

atovaquone/proguanil
chloroquine
mefloquine
primaquine

MISC ANTIVIRALS

emtricitabine/tenofovir disoproxil
fumarate (TDF) 200mg/300mg*

OBESITY

benzphetamine
diethylpropion
diethylpropion er
phendimetrazine
phendimetrazine er
phentermine
phentermine/topiramate er

SMOKING-CESSATION*

bupropion sr 150mg
nicotine gum, lozenges and
patches
varenicline

VITAMINS OR MINERALS

folic acid*
generic prenatal vitamins
generic pediatric multivitamins
with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts® Pharmacy Benefit Services manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).

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